



A Checklist for the Pilgrims attending the 2016 Lourdes Pilgrimage

We are very grateful that you are joining our 2016 Lourdes Pilgrimage with the theme, *Our Lady, Mother of Mercy.* Many of you are quite experienced and to all others we welcome you. We have worked with the New York Office to provide pertinent information to serve as a checklist for you.

FOR CONVENIENCE, HERE IS OUR CONTACT INFORMATION:

TOM O'BRIEN	obrient523@gmail.com	(516) 637-4313 (cell)
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DONNA O'BRIEN	dobrien@svhealth.com	(516) 242-1290 (cell)
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OFFICE CONTACT INFORMATION:

CARLA GUNERARD	carla@orderofmaltaamerican.org	(212) 371-1522
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TEAM CONTACT INFORMATION

Please find your team and pod contact information in the material sent from the office.

CHARTER FLIGHT INFORMATION

We are departing to Lourdes from JFK to LDE on Wednesday, April 27th, 2015, on Flight Number **SE 0931**. Please ask everyone to arrive between 4:00 pm and 6:00 pm Eastern Time at **Terminal # 4 at Door 5** on the Departure Level for 2016 Lourdes Pilgrimage check in. The estimated departure time from JFK is 9:00 pm ET. **Note:** The flight time from JFK to Lourdes is 7 1/2 hours, and Lourdes is 6 hours ahead of our Eastern Time. Our estimated time of arrival in Lourdes is 10:30am local time on Thursday.

Please Don't Forget Passports!!!!!!

SIGNS AT CURBSIDE AND CHECK IN

There will be Order of Malta signs and Members of the Order to assist everyone as they pull up to the terminal. Each pilgrim will be escorted to the airline desk to check in with Carla Gunerard and Aubrey Lewis. They will also receive their copy of the black book. A small bottle of water will be provided and we suggest that all drink this before going through security.

CHAPEL

Pilgrims will be invited to stop in at the Chapel located near and **before the security check-in line on the left hand side**. This is a time for a visit or a quiet time for prayer. A priest will be on duty there for Eucharistic Adoration.

TEAM CHECK IN AT GATE B29

New this year, we will have a pilgrim check in table staffed by Knights and Dames located at Gate B29. All pilgrims should check in here where they will be given a copy of the picture book and given a bottle of water. Within the gate area, there will be assigned team color areas with signage, Order of Malta escorts, the Cafe Bernadette (food and drinks for malades and caregivers), a nurses station, and we will be in very close proximity to the bathrooms. A visual layout of the gate area is on page 4.

FOOD FOR MALADES AND CAREGIVERS

There will be food at Gate B29 **for the malades and their caregivers (at no charge)**.

HYDRATION STATION

Bottled water will be available at Café Bernadette for **all** pilgrims at the airport. **We want all to be well hydrated!**

WHEELCHAIRS

Pilgrims who are wheelchair bound should be ready to board one hour prior to departure. Brian and Cindy Fuhro and Kirk Babyak will be responsible for coordinating wheelchairs.

SHOPS, RESTAURANTS AND EATERIES

There are also plenty of shops, eateries, and restaurants next to the Gate and within the terminal with those nearby noted on the visual on page four.

MEDICAL TEAM AVAILABILITY AT AIRPORT

There will be Doctors and Nurses also at Gate # B29 to provide any necessary medications and/or shots that may be required, as well as answer any questions that anyone may have. If medicines require refrigeration, the Medical Team will store them in the plane refrigerator.

SUGGESTED ITEMS TO BRING ON PILGRIMAGE

- The weather in Lourdes can fluctuate very quickly and can be unpredictable. It can be cold and rainy, but can also be sunny and hot. Therefore, we recommend the following clothing for our Malades and Caregivers: consider various layers that may include warm comfortable clothing, warm sweaters, a ‘warm water proof jacket’, short-sleeved polo shirts and a cotton sweater, a ‘lightweight rain jacket’ with a hood, gloves, a stocking/wool hat, a baseball cap works well with the strong sun, long underwear, a wrist watch, a turtleneck shirt, and a scarf. An umbrella and poncho will be provided, but a ‘small/compact umbrella’ is also recommended. Sunscreen and lip balm sunscreen are a must when we are outdoors in the sun. Sunglasses may be needed as well.
 - Everyone should bring a camera, or use hand held devices for pictures (e.g. their iPhone, iPad, Android, or BlackBerry) or they can rely upon the fact that our American Association photographer, Michelle Babyak, takes many pictures with a lovely book available from our Auxiliary web site after the trip. <http://krponline.org/malta-wear.html>
 - Bring chargers, camera battery chargers and electrical outlet converters/adaptor(s) for France.
 - It is recommended that everyone consider packing a folding duffel bag/gym bag so that they can bring back home Lourdes Holy Water. ‘Duct tape’ is 'highly recommended' to apply to the top of the plastic water containers that people buy in Lourdes, so that the water will not spill or leak on the plane trip back. Also everyone should consider packing/bringing an extra 'carry-on bag' for any valuables people may want to purchase in Lourdes so that they do not get damaged.
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PHONE INFORMATION

People should contact their phone carriers (e.g. Verizon, AT&T, Sprint, etc.) well in advance of the trip in order to get phone, email and/or text reception and “pricing plans” for France before they leave. There will be Wi-Fi service at the hotels in Lourdes. To call home (France to USA) you dial 011-plus the area code and number. To place a call to France (USA to France), they should dial 011 plus the Hotel number, or for someone from the USA to reach a cell phone, they should dial 011 plus your area code and cell phone number.

ATM MACHINES

There are ATMs in Lourdes where one can withdraw both Euros and US Dollars. Everyone may consider bringing perhaps 100 Euros with them on the trip as spending money. They can cost effectively obtain/purchase Euros at their bank in the USA, if they would like to, and it "usually" takes 1 to 2 days to receive it after they place the order and pay for it. However, they should check with their bank on how long the 'turnaround time' will be for them to receive the Euros from their bank once they actually place the order.

WEBSITE

Here is a website that all can share with their friends and family so that they can follow them throughout their journey/Pilgrimage in Lourdes: <https://lourdes2016.shutterfly.com>

CARRY ON INFORMATION:

- **Reminder:** Carry your medicine on board the plane if you need it. Do not pack in checked luggage.
- **Carry on Restrictions:** Travelers are allowed to transport only small amounts of liquids, gels, lotions, aerosols or similar items on their person or in their carry-on luggage. This includes items such as hairspray, toothpaste and shampoo. Bottles are to be travel sizes of 3 ounces or less. These bottles must be carried in a one quart zip-top bag. Beverages may be purchased once inside the secured area of the airport.
- **Medically Required Liquids:** There is an exemption for liquids in carry-on bags for persons with medical issues to exceed 5 ounces. Medically required liquids are not limited to 4 or 5 ounces as long as it is a reasonable quantity for the flight. It is also not necessary to place medically required liquids in a zip-top bag. Additionally, liquids or gels (including juice) for diabetic passengers to address their medical condition will be allowed. Passengers must tell the TSA Officer that they have medically necessary liquids at the beginning of the screening checkpoint process. It is recommended the medicine be labeled to facilitate the security process. The name on the prescription must match the passenger's name.
- **Essential Non-Prescription Medicine:** Essential non-prescription medicines allowed now include contact eye saline solutions and eye care products such as eye drops and contact lens solution.
- **Duty Free Items:** Duty Free items may be transported in the cabin of the aircraft if they are delivered to the passenger immediately before boarding or onboard the aircraft.
- **Luggage:** You are allowed to check in two (2) pieces of luggage per person (maximum weight of 50 lbs. per piece)

ARRIVAL BACK TO NEW YORK

We are planning to depart Lourdes France at approximately 11am local time and arrive at JFK at 1:15 PM Eastern Daylight Time. Flight Number: **SE 0930**. This is our "approximate arrival time" (this is subject to change) at John F. Kennedy International Airport (JFK), and all Captains, Auxiliary and Caregivers are asked to please stay until your Malade(s) have safely departed John F. Kennedy International Airport (JFK). Luggage *Smart Carts* will be available at no charge.

LOURDES INFORMATION HOTLINE

For return flight information and our arrival time back in New York, everyone's family and/or friends can call Corporate Travel's Lourdes Pilgrimage Desk at [1-313-565-8888](tel:1-313-565-8888) and press 0.

*Tom and Donna O'Brien
Co-Chairs 2016 Pilgrimage*



JFK Terminal 4 - Gate B 29 for 2016 Lourdes Pilgrimage Check in

