



CATHOLIC SPIRITUALITY  
FOR THE INCARCERATED  
FROM THE ORDER OF MALTA

# The Serving Brother

SUMMER 2013

A Message from His Excellency Michael C. Barber, SJ, Bishop of Oakland

## Jesuit Prisoners

Three years ago I went to the most famous prison in England, the Tower of London. It's a castle-like building on the Thames River in London, surrounded by multiple walls. It now houses the crown jewels, used for the Queen's coronation. However, in the 16th and 17th centuries many Jesuits were imprisoned there. Their crime? Being Catholic.

I wanted to see the cell where Father Edmund Campion, SJ was jailed. He scratched his name in the stone wall, which is still visible. He also scratched a cross on the wall, before which he prayed. One thing about all these Jesuit prisoners — each to a man was betrayed. Someone had turned them in for money (like Judas Iscariot), or lied on the witness stand to convict them. The amazing thing is that these Jesuit prisoners were not bitter or angry or hateful. Instead they were loving. So loving that they were later declared saints.

How's that? In the Jesuit seminary they had been taught a prayer by St. Ignatius Loyola, which is still taught to young Jesuits in training today. It goes like this:

"Eternal Lord of all things...

I profess that it is my earnest desire  
and deliberate choice...

to imitate You in bearing all wrongs...  
should you choose and admit me to  
such a state and way of life."

(Inside this edition of the *Serving Brother* you will find more information on this remarkable man, St. Ignatius, and the story of how he rose from disabled veteran to become one of the most influential thinkers in the history of the Church.)

Christ was wronged. Christ was betrayed. Christ was in prison. Christ was beaten up. Yet Christ's prayer on the cross was "Father forgive them." He turned His betrayal into love. So did these Jesuit saints. We can choose to love or to hate. To forgive or to hold sins against people. The choice is ours.

The cells of the prison in the Tower of London became a place where love triumphed. It still does. My friends and I knelt in St. Edmund's cell and asked for some of that Love. ✠

The Most Reverend Michael C. Barber was installed as Bishop of Oakland (CA) on May 25, 2013. He was the first Jesuit bishop named by the first Jesuit pope.



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*Message from Father George*

## To discover greater meaning in life, follow Saint Ignatius of Loyola

I remember a fellow Jesuit once saying, “When I get to Heaven, it’s not Jesus I’m worried about meeting – it’s Saint Ignatius!” Growing up, I didn’t know a lot about St. Ignatius, the founder of the Society of Jesus, known as the Jesuits. I did not attend a Jesuit-run high school or college as had many of my brother Jesuits.

My first impression of St. Ignatius came rather late in life. I did not enter the Jesuit Order until I was 30 years old, following a career in the Air Force and as an EMT-Paramedic. I learned about St. Ignatius by reading his autobiography. In his own description of his life and spiritual journey, he comes across as very sincere, and also extremely hard on himself.

I hadn’t realized it, but his life was similar to mine in that he was in the military before he experienced a conversion to follow Jesus Christ. Unlike me, however, he never seemed to waiver or have any doubts, and he threw himself into his ministry without ever looking back. He literally gave up the clothes on his back and spent years basically homeless and relying on begging to provide his food and the costs of going back to school to become a priest.

St. Ignatius was intense! He traveled hundreds of miles on foot, begging and preaching. He got all the way to the Holy Land in a time when traveling there was extremely dangerous. (By comparison, when I was blessed to visit Israel, it was via an El Al flight!) He suffered great hardships for his faith, even getting thrown into prison at least twice during the Inquisition because some church leaders suspected him of being a heretic.

But over the years, I have come to know Ignatius better. I look forward to the day I can meet him and thank him for founding the Jesuit Order, the community I have chosen to spend my life with in service to God. My impression of him is that he was a strict, but fair man, who expected a lot from his Jesuit brothers, but was also compassionate and forgiving. He was a man way ahead of his time in terms of his vision of what the world could be like.

## Mass readings for the summer

WEEK	MON	TUES	WEDS	THUR	FRI	SAT	SUN
<b>July 1-7</b>	Gn 18:16-33 Mt 8:18-22	Gn 19:15-29 Mt 8:23-27	Eph 2:19-22 Jn 20:24-29	Gn 22:1b-19 Mt 9:1-8	Gn 23:1-4, 19; 24:1-8, 62-67 Mt 9:9-13	Gn 27:1-5, 15-29 Mt 9:14-17	Is 66:10-14c Gal 6:14-18 Lk 10:1-12, 17-20
<b>July 8-14</b>	Gn 28:10-22a Mt 9:18-26	Gn 32:23-33 Mt 9:32-38	Gn 41:55-57; 42:5-7a, 17-24a Mt 10:1-7	Gn 44:18-21, 23b- 29; 45:1-5 Mt 10:7-15	Gn 46:1-7, 28-30 Mt 10:16-23	Gn 49:29-32; 50:15-26a Mt 10:24-33	Dt 30:10-14 Col 1:15-20 Lk 10:25-37
<b>July 15-21</b>	Ex 1:8-14, 22 Mt 10:34–11:1	Ex 2:1-15a Mt 11:20-24	Ex 3:1-6, 9-12 Mt 11:25-27	Ex 3:13-20 Mt 11:28-30	Ex 11:10–12:14 Mt 12:1-8	Ex 12:37-42 Mt 12:14-21	Gn 18:1-10a Col 1:24-28 Lk 10:38-42
<b>July 22-28</b>	Ex 14:5-18 Jn 20:1-2, 11-18	Ex 14:21 – 15:1 Mt 12:46-50	Ex 16:1-5, 9-15 Mt 13:1-9	2 Cor 4:7-15 Mt 20:20-28	Ex 20:1-17 Mt 13:18-23	Ex 12:37-42 Mt 12:14-21	Gn 18:1-10a Col 1:24-28 Lk 10:38-42
<b>July 29-Aug 4</b>	Ex 32:15-24, 30-34 Jn 11:19-27	Ex 33:7-11; 34:5b-9, 28 Mt 13:36-43	Ex 34:29-35 Mt 13:44-46	Ex 40:16-21, 34-38 Mt 13:47-53	Lv 23:1, 4-11, 15-16, 27, 34b-37 Mt 13:54-58	Lv 25:1, 8-17 Mt 14:1-12	Eccl 1:2; 2:21-23 Col 3:1-5, 9-11 Lk 12:13-21
<b>Aug 5-11</b>	Nm 11:4b-15 Mt 14:13-21	Dn 7:9-10, 13-14 2 Pt 1:16-19 Lk 9:28b-36	Nm 13:1-2, 25–14:1, 26-29a, 34-35 Mt 15:21-28	Nm 20:1-13 Mt 16:13-23	Dt 4:32-40 Mt 16:24-28	2 Cor 9:6-10 Jn 12:24-26	Wis 18:6-9 Heb 11:1-2, 8-19 Lk 12:32-48
<b>Aug 12-18</b>	Dt 10:12-22 Mt 17:22-27	Dt 31:1-8 Mt 18:1-5, 10, 12-14	Dt 34:1-12 Mt 18:15-20	Rv 11:19a; 12:1-10 1 Cor 15:20-27 Lk 1:39-56	Jos 24:1-13 Mt 19:3-12	Jos 24:14-29 Mt 19:13-15	Jer 38:4-6, 8-10 Heb 12:1-4 Lk 12:49-53
<b>Aug 19-25</b>	Jgs 2:11-19 Mt 19:16-22	Jgs 6:11-24a Mt 19:23-30	Jgs 9:6-15 Mt 20:1-16	Jgs 11:29-39a Mt 22:1-14	Ru 1:1, 3-6, 14b-22 Mt 22:34-40	Rv 21:9b-14 Jn 1:45-51	Is 66:18-21 Heb 12:5-7, 11-13 Lk 13:22-30
<b>Aug 25-Sep 1</b>	1Thes 1:1-5, 8b-10 Mt 23:13-22	1 Thes 2:1-8 Mt 23:23-26	1 Thes 2:9-13 Mt 23:27-32	1 Thes 3:7-13 Mk 6:17-29	1 Thes 4:1-8 Mt 25:1-13	1 Thes 4:9-11 Mt 25:14-30	Sir 3:17-18, 20-29 Heb 12:18-24a Lk 14:1, 7-14

How could one not admire a man who learned, through his own prayer and ministry, to “See God in all things”? He was a mystic who had his feet firmly on the ground. He was full of love for Jesus Christ, and he chose to express that love in deeds of service to the poor and the outcast. He founded the Jesuit Order so that those who the Church was not serving could be reached with the hope of the Gospel.

The reason I have always felt called to serve in prison ministry is because prisoners are often overlooked by churches. But Jesus was clear in MT 25, verse 36 that He expects us to care for those in prison.

St. Ignatius’s vision and spirit lives on today because he united his life to conform to the life of Jesus Christ and invited us to do the same. ❄️

## 2 Prayers from Saint Ignatius

Grant, O Lord, that my heart may neither desire nor seek anything but what is necessary for the fulfillment of Thy holy Will.

May health or sickness, riches or poverty, honors or contempt, humiliations, leave my soul in that state of perfect detachment to which I desire to attain for Thy greater honor and Thy greater glory. Amen.

O my God, teach me to be generous:  
to serve You as You deserve to be served;  
to give without counting the cost;  
to fight without fear of being wounded;  
to work without seeking rest;  
and to spend myself without expecting  
any reward,  
but the knowledge that I am doing Your holy Will.  
Amen.

Father George T. Williams SJ, Editor of The Serving Brother, is Chaplain of San Quentin State Prison.

# Saint Ignatius of Loyola

How a single person's devotion can change the world

— by Paul R. Pérez, KM

St. Ignatius was born in 1491 in Spain and joined the army when he was 17. In a battle, a cannon ball hit and broke his leg. Doctors had to re-break his leg to try to fix it and he was unable to walk for several months. He read books while he was getting better.

Some books were about saints, and others about knights. One book said to imagine what it would be like to be with Jesus. He noticed something: He felt happy when he imagined being a saint or being with Jesus. But he felt sad and empty when he imagined life as a knight. He chose to be a saint for Jesus.

St. Ignatius learned in prayer that he could best serve God by studying, so he went back to school as a grown man. He ended up with a master's degree in theology. His friends in Paris asked him to teach them to pray. He taught them

about how he prayed, paying attention to how he felt after. He began to write down what he was teaching his friends. These notes became a book, *Spiritual Exercises*.

In 1534, St. Ignatius and his closest friends pledged to God to spend their lives working for God's glory in the Church. They were the first Jesuits.

## About the Jesuits

St. Ignatius wanted the Jesuits to work for “the greater glory of God.” He wanted them to be soldiers for Christ, willing to fight peacefully for good at home or around the world. He wanted them to want to do “more” for God and the Church. He knew that they could only do this if they knew God and knew themselves well. He knew that the way of praying in his book, *Spiritual Exercises*, would help the Jesuits know God and themselves. He knew that knowing God and themselves well would give them strength.

St. Ignatius sent Jesuits to many places around the world as missionaries. They built schools and colleges. They preached the Gospel. They traveled all over the world to bring the faith to people who did not know Jesus Christ or who lived under rulers who hated the Church. Many were killed for Christ.

Today the Jesuits are the largest order in the Church. They run schools and colleges. They work in prisons and refugee camps. Jesuits still need to be strong in the 112 countries in which they work. Six Jesuits were killed in El Salvador for standing up for the poor against bad rulers in 1989.

## Practicing the *Spiritual Exercises*

St. Ignatius knew that to do God's will we have to know Him and our-



Saint Ignatius Loyola,  
by Peter Paul Rubens  
(Flemish) 1620-22



selves. He knew that to be a Christian is all about our relationship with Jesus Christ, not about rules and regulations.

A big part of *Spiritual Exercises* is the Examen. It is a way to help us remember what went on during the day and what was going on inside us at the time and after. We can learn to see what our weaknesses are, what our strengths are and how God is trying to speak to us or use us. St. Ignatius asked the Jesuits to do an Examen twice a day—at noon and at the end of the day. There are the five steps of the Examen:

1. Put yourself in God's presence
2. Think about your day and be thankful
3. Think about your emotions
4. Choose one thing from the day and pray about it
5. Pray about tomorrow

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## Message of the Divine Mercy, from Dr. Bryan Thatcher

### Saint Ignatius and Divine Mercy

St. Ignatius, founder of the Jesuits, was born in 1491. He had a taste for beautiful women and gambling; he became a soldier and was injured in battle. However, his leg did not heal and doctors told him to prepare for death. Though it did slowly heal, the leg was deformed and far shorter than the other.

During his long period of recuperation, he read a book on the life of Jesus and the saints. The more he read, the more he wanted to live as a saint and become like Christ. He wrote much on how to determine and follow God's will, and his writings on *Spiritual Exercises* are still considered a masterpiece today.

He read and prayed and one day had a vision and encounter with God which he described as an enlightenment; he was able to find God in all things, a central characteristic of Jesuit spirituality.

He eventually decided to become a priest. His love was in teaching the faith, but he also worked in hospitals and for the poor. The Order is best known for its schools and universities

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## Prayer of Surrender

*Take, O Lord, and receive my entire liberty,  
my memory, my understanding and my whole will.*

*All that I am and all that I possess You have  
given me:*

*I surrender it all to You to be disposed of  
according to Your will.*

*Give me only Your love and Your grace;  
with these I will be rich enough, and will  
desire nothing more.*

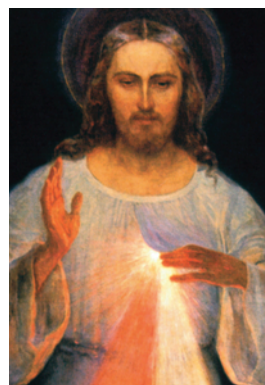
— Ignatius of Loyola

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Many of us find doing an Examen hard at first. It gets easier with practice. Just like sports or making music, it takes effort and discipline to make it a habit. We can get farther if we have a good teacher or guide. But even if no teacher or guide is around, a good and trusted friend on the journey can be a great help. ✖

worldwide.

His life exemplifies how God can take a worldly man and use him for His greatest works. We can see that in the lives of the apostles and Mary Magdalene. This is Divine Mercy in action!



It is said that when a man hits his bottom, he can look down no farther and can only look up. It is then when he sees God. If we allow it, God will use all of us, even the most downtrodden, for His works on earth.

So never give up! There are many pages in the book of your life. Remember, try to see God in all things, and let the words “Jesus I Trust in You” be your daily guide. ✖

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## What is a Serving Brother?

The Order of Malta is one of the oldest institutions of Western and Christian civilization. During its early history as a military force, the Knights of Malta required the support of many helpers. One such group of helpers was known as “Serving Brothers.” These men assisted the Knights when called to fight, and also served the Chaplains in tending to the sick. While not members of the Order, they fully embraced its values and lifestyle.

Anyone may spiritually participate as a Serving Brother or Sister by actively participating in the life of the Catholic Church, including regular attendance at worship services, keeping up with seasonal bible readings, saying the rosary and the Divine Mercy Chaplet, studying our Faith and staying true to the admonitions of our Lord Jesus Christ, guided by the teachings of the Church.

### An introduction to the Sovereign Military Hospitaller Order of Malta (SMOM)

The SMOM is an international religious order recognized by a decree of Pope Pascal II in 1113. Led by the Knights of Justice, who are professed Friars, its Grand Master holds the rank of Cardinal. Most of its 13,000 Knights and Dames are not under vows, but are devoted to developing their spirituality, serving the faith, and caring for sick, poor and outcast souls.

In 1783, Benjamin Franklin presented the *Libertas Americana* medal of the United States of America to the SMOM in thanks for the crucial help it provided during the War of Independence. Over 1,800 Knights and Maltese sailors enlisted in the French Navy specifically to assist the American colonies win freedom.

## Give your brain a workout!

### Sudoku Puzzle

	6	3						1
	4			6	3			
7				8	4			2
1		8		4		3		
	2		3			5		6
				9				
			7		6			
					5	2		
		4					1	5

Sudoku Directions – Fill each square with the numbers 1-9. No number can appear twice within the same row, the same column, or within the same frame of nine squares.

ANSWERS ON BACK PAGE

### Brain Teasers

Four words can be made out of the letters S-E-T-N-A-C. What are they?

What eleven letter word contains all the vowels in order, with no repeats?

There are two ducks in front of a duck, two ducks behind a duck, and one duck in the middle. How many are there altogether?

At the market you can buy a cow for \$10, a pig for \$1, and 8 hens for \$1. How many animals would you need to buy to get 100 mixed animals for exactly \$100?

Of the numbers 1 to 10, the number 7 is unique. In what way?



May 29, 2013 – The solemn profession of Fra' Paul Sutherland, Order of Malta Knight of Justice, performed at St. James's Church, Spanish Place, London, England

## The Order of Malta: A Calling to Serve

**Publisher's Note:** The following article is based on the homily given by Monsignor Andrew Wadsworth, Magisterial Chaplain of the Order of Malta, at the solemn ceremony of Fra' Paul Sutherland's profession as a Knight of Justice. The Order of Malta's approximately 50 Knights of Justice set the tone for all who cherish the Order, including our beloved "Nuns of Malta," auxiliaries, serving sisters and brothers, volunteers and employees. We encourage you to contemplate this message as you consider your own commitment to the Order's spirituality as a Serving Sister or Brother in a manner appropriate for you at this time.

The Order of Malta is, first and foremost, a religious order whose professed members – Knights of Justice – lie at its heart. All the Order's works flow from this spiritual core.

Knights of Justice ("KJs") do not have the characteristics of other religious men, who are more easily identified by their clothing, their community or their ministry. Unlike most of these others, our KJs tend to live alone, under the authority of a superior who may be geographically far away. Their lifestyle is shaped by their vow of poverty, taking every opportunity to "live without,"

CONTINUED INSIDE, PAGE 4

### Puzzle solutions

- 1) Enacts, Stance, Ascent, and Secant
- 2) Facetiously
- 3) Just three ducks, walking in a line
- 4) 7 cows (\$70), 21 pigs (\$21), and 72 chickens (\$9)
- 5) It's the only one with two syllables

6	3	4	8	2	9	7	1	5
9	1	7	4	3	5	2	6	8
5	8	2	7	1	6	9	3	4
3	7	6	5	9	8	1	4	2
4	2	9	3	7	1	5	8	6
1	5	8	6	4	2	3	7	9
7	9	5	1	8	4	6	2	3
2	4	1	9	6	3	8	5	7
8	6	3	2	5	7	4	9	1

CONTINUED FROM BACK PAGE

except for what is necessary to lead a decent but not luxurious life.

Surrounding the core of a few dozen professed KJs are over thirteen thousand members of the Order's Second and Third Classes, living as married and single men and women in the world. Members of the Second Class make a promise of obedience to the Order, volunteering to create a religious obligation to strive for perfection in Christian life. Members of the Third Class do not profess religious vows or a promise, but volunteer to create a moral obligation to devote themselves to the charitable activities of the Order. These are three different, but complementary responses to the call given by God to the Order of Malta, with each Member expected to be a model citizen and to exercise Christian influence within their circle of life.

Serving the Lord by serving "the least of his brothers," the Order of Malta realizes one of the fundamental precepts of Christian faith. Love of God and love of neighbor has always been practiced by the followers of Christ by serving the sick and the poor, whom Christ himself served and with whom He has identified himself. Since the days of its original hospital in Jerusalem in the year 1048 up to today, Members of the Order of Malta have responded to what Jesus meant when He said: "In so far as you did this to one of the least of these brothers of mine, you did to me" (Mt 25:40). Remembering this identification of Christ with the poor recalls our Order to its "first love," its own original inspiration.

For over 900 years, men and women of faith have been attracted to the Order of Malta's calling and have joined with its Knights and Dames in pursuit of personal holiness through service to others. Some join in formal relationships such as Auxiliaries. Others participate in a spiritual relationship as a Serving Sister or Brother, and yet others simply give their time as volunteers in various aspects of the Order's works.

Many people in the Church – and most people beyond it – do not understand the need for forms of life which give witness to the fact that "we are made to know and love God, to serve Him in this life, and to be happy with Him for ever in the life to come." Many people do not understand the truth that this life is a preparation for a greater and truer life that lies beyond our sight – and yet whose reality we glimpse from time to time.

The Church clearly teaches that we as Catholic Christians desire to live more fully all the grace that is received in baptism and confirmation. This is the free gift of God by which we are conformed forever to Christ in the mystery of His death and resurrection and strengthened by the gifts of His Holy Spirit. The Knight of Justice desires to do this by committing himself fully to the defense of the faith and the service of the poor, by being a visible witness to the compassion of God, whose mercy is so much greater than our weakness.

For all of us called to be followers of Jesus Christ, we know that the shadow of the Cross will fall more fully on our lives. How appropriate then that men and women profess their vows as a religious in the heart of the Mass in which we are all made present to the sacrifice of the Cross and have access to its power. The Church thanks God for the greatest gift of Himself to us in the Most Holy Sacrament of the Altar, "the source and summit of the Church's life."

I hope that you are conscious both of God's blessings in your life and the blessing which He most definitely now calls you to be for others. Hold the grace of this day in your heart, return to it often in the course of the coming days, months and years. Nourish it with the Word of truth and the Bread of Angels and bring it, at last, to the banquet of eternal life, where all that we have desired of God in this life will be forever satisfied and made complete. ❀