

## **WHAT SHOULD I PACK?**

The weather in Lourdes varies from cold, damp, and rainy to warm and sunny – sometimes all on the same day!

Please keep this in mind when choosing what to pack. Waterproof gloves and long underwear are a good investment, as are sunblock, lip balm, and sunglasses.

Reliable, comfortable, and waterproof shoes for walking in Lourdes are essential. If purchasing new shoes, please make sure these are broken in before traveling to Lourdes.

Malades and Caregivers should bring comfortable clothing (warm comfortable clothing, warm waterproof jacket, lightweight raincoat, short-sleeved shirts and sweaters, baseball hats and warm hats) that can be layered according to the weather. There is no need for formal or business clothing.

With relative exception, the need for casual clothing will be minimal for Knights, Dames, Candidates, Auxiliary, Affiliates, Medical Team, Student Nurses, and Volunteers, as everyone wears their uniforms throughout the week. As hard as it may seem to believe, uniforms are worn for evening socializing – you will actually be out of place in street clothes! That said, street clothes may be worn for the plane rides, Day of Rest and closing dinner.

We encourage everyone to pack lightly! While the hotel rooms are comfortable, they are not spacious. The less you bring the more room you will have.

Towels are provided by the hotels but hospitality toiletries are usually light. Bring whatever you may need. In the event you forget any essentials items, these can be purchased in Lourdes.

If you are bringing any electrical appliances (hair dryers, shavers, curling irons, laptops) you'll need to ensure they will operate on European current and have the necessary electrical / socket converters.

Although hairdryers and converters may be borrowed from hotels, they are usually high in demand and short in supply – it is best to bring these along if either are needed.